

Cancer screening saves lives.



Screening Recommendations

These recommendations are for people at average risk for certain cancers. Talk to a doctor about which tests you might need and the screening schedule that's right for you. It's a good idea to also talk about risk factors, such as lifestyle behaviors and family history, that may put you or your loved ones at higher risk.

Ages 25–39

Cervical cancer screening

recommended for people with a cervix beginning at age 25.

Ages 40–49

Breast cancer screening

recommended beginning at age 45, with the option to begin at age 40.

Cervical cancer screening

recommended for people with a cervix.

Colorectal cancer screening

recommended for everyone beginning at age 45.

At age 45, African American individuals should discuss **prostate cancer screening** with a doctor.

Ages 50+

Breast cancer screening

recommended.

Cervical cancer screening

recommended.

Colorectal cancer screening

recommended.

People who currently smoke or used to smoke should discuss **lung cancer screening** with a doctor.

Discussing **prostate cancer screening** with a doctor is recommended.

Questions to Ask a Doctor:

- What cancer screening tests are recommended for someone my age?
- How often should I get the screening tests?
- Where can I go to get screened?
- How do I schedule my screening tests?
- Will my screening tests (or other costs) be covered by my health insurance?
- What will the screening tests cost if they are not covered by insurance?

Cancer Screening Conversation Starters

- I care about you and your health. Are you getting regular cancer screening tests?
- Did you know there are tests that can catch changes in your body before they become cancer?
- My breast/colorectal/cervical cancer screening is coming up. Have you scheduled yours yet?
- Regular cancer screening is important. Is there anything I can do to help you get screened, like finding information, scheduling an appointment, or helping with childcare or transportation?

Have Questions About Screening?

Visit [cancer.org/get-screened](https://www.cancer.org/get-screened) for cancer screening FAQs, including information about how to schedule a screening test, how to afford screening with or without insurance, and more.